

Evidence Based Care in CA Promises and Practice

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- 150 Medical Groups in CA
- 13 Million people in HMO delegated model
- Plus Approx 5 Million PPO
- Plus Medi-Cal & Medicare =
- More than half our population
- Evidence based decisions and oversight =
bedrock foundation

Confront Under-Use

- Services which make a proven difference delivered to people who will benefit
- Timely Screenings
- Preventive Care & Early Intervention
- Chronic Illness Care
- Health IT a key element for success

Confront Over-use

- Unnecessary or inappropriate services are *worse* than merely wasteful...
- They often injure people, with little or no prospect of helping
- Ethical obligation to assure fully informed choices
- Evidence is our best tool...when accompanied by humility

What's next

- Constant outpouring of new information
- Find balance: Foster innovation and research while stifling waste
- Political and economic influences inevitable
- Transparency will be key
- Physicians as allies, not adversaries